

Life stylist COSMOPOLITAN

MAKING EVERY DAY EXTRAORDINARY

"My numbers told me I just had to have this dress."



Numbers are just numbers, right? Well, that's what we thought until Australian numerologist Max Coppa, author of the new book *Does Your Love Life Add Up?*, "did" our digits. Here are a few things we learnt ...

The background

According to Coppa, numerology dates back around 4000 years. "Now we have computers to help us with the number crunching, numerology can reveal a lot about people," says Coppa, adding that a successful businessman he knows recruits staff entirely based on their numbers – seriously.

The DIY lesson

First, find what Coppa calls your "life lesson" number by adding your birth date digits. For example, if Jane was born on September 29, 1983, she'd add: $2+9+0+9+1+9+8+3$ to get 41. By adding 4 and 1 together, she'd get 5. If your life lesson number is a master number – 11, 22, 33 or 44 – don't add them. View these numbers as a more intense version of the single digit. Now, see where your life lesson number falls in the "life grid" below. If you've got the hang of that, add all your birth date digits to the grid. "By putting your numbers in a life grid, you can find out your strengths and weaknesses," says Coppa. **Sarah Reid** COSMO

1 Stamina action, energy, leadership	2 Feminine family, nurturing, partnerships	3 Fun socialising, interaction, communication
4 Masculine strength, order, structure	5 Action travel, expansion, opportunity	6 Love beauty, balance, harmony
7 Creativity ideas, intelligence, debate	8 Passion sex, power money	9 Deep spirituality, addiction, introspection

SEX BY NUMBERS
Is your partner your hottest match? You do the math ...
1: 1, 5, 8, 11
2: 2, 6, 9
3: 3, 33, 5, 8,
4: 4, 5, 8, 44
5: 1, 3, 5, 8, 11
6: 2, 3, 6, 9, 22
7: 3, 7, 9, 11
8: 1, 4, 5, 8, 11
9: 2, 7, 9

Be your own numerologist

Use your BIRTH DATE to discover more about your sex life and yourself